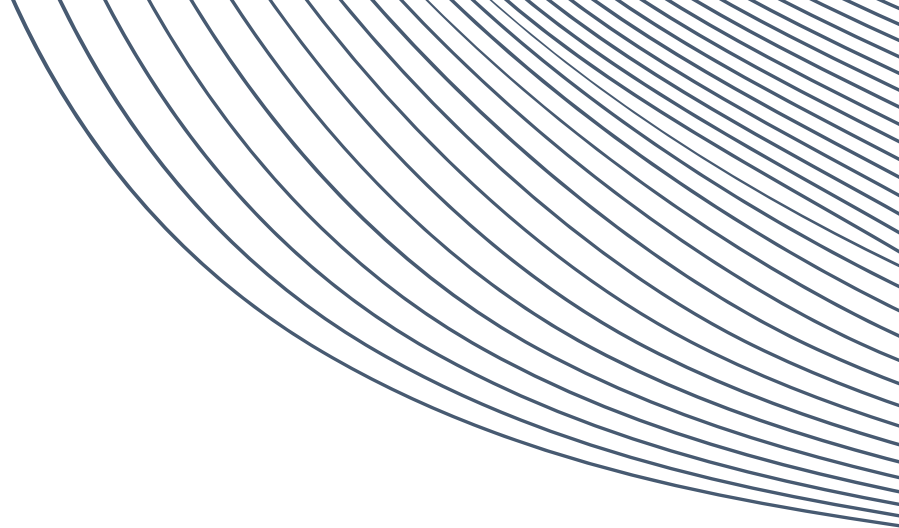




STAR FUNDAMENTALS

Select Pricing

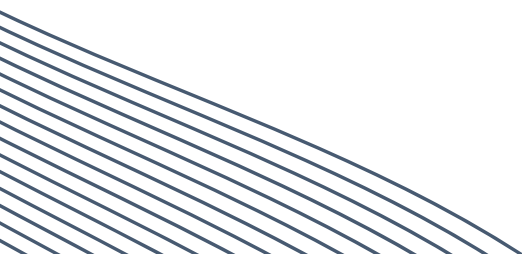
STAR Fundamentals offers a complete library of orientation and annual trainings for MN Statutes, Chapter 245D and the Positive Supports Rule (MN Rules, Chapter 9544) as well as mental health, employment support services, professional development, and diagnosis-specific topics

OUR LEARNING PROGRAM

- ✓ Compliant, person-centered, relevant content
- ✓ Engaging for adult learners
- ✓ Dedicated, local Help Desk team
- ✓ 24/7 access

 support@starsvcs.com

 starsvcs.com/onlinetraining



Why Choose STAR FUNDAMENTALS?

STAR courses are developed and taught by a team of subject matter experts with extensive experience in the disability and mental health fields. Our experience shows in our storytelling, real life examples, and our passion for person-centered support. Since we have walked in the shoes of Direct Support Professionals and managers of HCBS services, we can provide insight into the gray areas they will experience on the job. Rather than approaching the topics from a statistical or academic standpoint, we provide the required regulatory information with an emphasis on making the topics applicable to everyday situations. STAR trainings focus not just on the "how", but also on the "why".

Our courses are designed to meet the learners where they are at with "check your understanding" questions throughout the lessons and custom learning paths for scenario based modules. STAR trainings help to develop staff who are able to think on their feet, feel prepared, and are able to apply federal and state regulations when it is needed most during their daily work.



Each STAR Fundamentals course consists of one or more fully narrated, interactive video lessons (SCORM) and corresponding competency measure. Video lessons include regulatory definitions, real-life stories, mini-quizzes, movie clips, and additional resources. Students have the ability to pause, stop, and resume lessons and must navigate through a minimum of 70% of the video in order to mark the training complete. Courses are fully captioned and most allow for the speed up/slowdown of playback to customize the learning experience.

STAR assesses competency through multiple choice and true/false tests consisting of a random block of 10 questions from a larger question bank. By default, students are given 5 attempts to receive a passing score of 80%. Students who do not pass are locked until a retake is allowed by an administrator, ensuring that you know if a student is struggling.

Subscription Options

Inclusive

Offers access to all courses in our STAR Fundamentals library. Included is the Edvance360 Learning Management System for you to manage your own enrollments and the tracking of student courses, credit hours, tests, and much more. Add offline trainings and/or custom content to the LMS to track everything in one secure and user-friendly database. For companies with over 40 employees.

Administered

Offers access to all courses in our STAR Fundamentals library with enrollments administered by our Training Help Desk team. New staff are enrolled in a customizable orientation program and all staff are registered in required annual trainings on a pre-determined schedule. For companies with up to 50 employees.

Subscription options are more economical for most organizations

Package Pricing (per person)

245D & PSR Orientation for Direct Care Staff (14.75 hrs) \$325.00

- ORIEN – Mandated Reporting: Maltreatment of Minors (1 hr)
- ORIEN – Mandated Reporting: Vulnerable Adult Maltreatment (1.25 hrs)
- ORIEN – Positive Supports Rule Core (7.5 hrs)**
- ORIEN – Data Privacy/HIPAA (1 hr)
- ORIEN – Rights (1.5 hrs)
- ORIEN – Documentation (0.5 hr)
- ORIEN – Fraud Prevention (0.75 hrs)
- ORIEN – Minimizing Sexual Violence (0.5 hrs)
- ORIEN – Universal Precautions/Bloodborne Pathogens (0.75 hrs)

245D & PSR Orientation for Managers (19.75 hrs) \$415.00

- ORIEN – Mandated Reporting: Maltreatment of Minors (1 hr)
- ORIEN – Mandated Reporting: Vulnerable Adult Maltreatment (1.25 hrs)
- ORIEN – Positive Supports Rule Core (7.5 hrs)**
- ORIEN – Data Privacy/HIPAA (1 hr)
- ORIEN – Rights (1.5 hrs)
- ORIEN – Documentation (0.5 hr)
- ORIEN – Fraud Prevention (0.75 hrs)
- ORIEN – Minimizing Sexual Violence (0.5 hrs)
- ORIEN – Universal Precautions/Bloodborne Pathogens (0.75 hrs)
- **ORIEN – Positive Supports Rule 4 Hour Function-Specific (4 hrs)**

Orientation Add-Ons

- ORIEN – Medication Administration (3.5 hrs)* \$55.00
- ORIEN – Positive Supports Rule 2 Hour Function-Specific (2 hr) \$65.00

CRS: ADLs, IADLs, Healthy Diet (2.25 hrs) \$90.00

Additional 245D orientation topics required for Community Residential Setting staff, if required by the Support Plan and as it relates to the person receiving services

- ORIEN – Activities of Daily Living (0.5 hrs)
- ORIEN – Instrumental Activities of Daily Living (0.75 hrs)
- ORIEN – Healthy Diets (1 hr)

SMI: Crisis Response & Suicide Prevention (2 hrs) \$60.00

Additional 245D orientation topics required if supporting person(s) with a Serious Mental Illness (SMI) diagnosis. **Note: These topics are included in AMH Certification: Mental Health Fundamentals**

- MH – Crisis Response, De-escalation, and Resolution (1 hr)
 - MH – Suicide Prevention and Response (1 hr)
-

Package Pricing (per person)

Employment Support Services (6.5 hrs)

\$195.00

Training courses based on the DHS Employment Specialist training requirements for Employment Exploration, Employment Support Services, and Employment Development Services

- EM - Benefits Planning (0.75 hrs)
- EM - Job Development and Negotiation (2.5 hrs)
- EM - Job Search Planning (1.75 hrs)
- EM - Post Employment Supports (1.5 hrs)

Integrated Community Supports (1.25 hrs)

\$90.00

Courses to meet additional training requirements for Integrated Community Support (ICS) Providers ONLY if the provider has a Site-Specific Review

- ICS - Community Integration (0.5 hrs)
- ICS - Supporting Skill Development (0.5 hrs)
- ICS - The Four Community Living Service Categories (0.25 hrs)

AMH Certification: Mental Health Fundamentals (7.5 hrs)

\$200.00

This course is intended to meet the training requirements for all staff providing services in a prospective or current Adult Mental Health (AMH) certified home as designated by MN statutes

- MH - Crisis Response, De-escalation, and Resolution (1 hr)
- MH - Suicide Prevention and Response (1 hr)
- MH - Anxiety Disorders and Obsessive-Compulsive Related Disorders (0.75 hrs)
- MH - Mood Disorders (0.75 hrs)
- MH - Personality Disorders (0.75 hrs)
- MH - Psychotic Disorders (0.5 hrs)
- MH - Substance Use Disorders (1.5 hrs)
- MH - Trauma and Stressor-Related Disorders (0.75 hrs)
- MH - Psychotropic Medications (0.5 hrs)

245D & PSR Annual Training for Direct Care Staff (6.75 hrs)

\$200.00

245D & PSR Annual Training for Managers (7 hrs)

There are separate Direct Care Staff and Manager versions of the annual training packages due to differing PSR requirements. Staff should take the version appropriate for their job role

- AT - Refresher: Mandated Reporting and Maltreatment (0.75 hrs)
- AT - Annual Fraud Statement Acknowledgement
- AT - Refresher: Bloodborne Pathogens/Universal Precautions (0.5 hrs)
- AT - Refresher: Data Privacy/HIPAA (0.5 hrs)
- AT - Refresher: Rights (0.5 hrs)
- AT - Refresher: Minimizing Sexual Violence (0.5 hrs)
- **PSR Refresher - one (1) based on job role**
 - AT - Refresher: PSR Core and Function-Specific for Managers (4.25 hrs)
 - AT - Refresher: PSR Core for Direct Care Staff (4 hrs)

Orientation Courses

STAR Fundamentals 245D and Positive Supports Rule orientation courses were specifically developed to meet requirements found in [MN Statutes, Chapter 245D.09](#) and [MN Rules, Chapter 9544.0090](#). For more information, please see STAR's guide to [245D and Positive Supports Rule Orientation and Annual Training Requirements](#).

Please note that STAR Fundamentals does not include First Aid, EUMR demonstration (if you allow restraints), the Medication Administration in-person demonstration, nor any company-specific training requirements such as policies and procedures. I

ORIEN - Activities of Daily Living (0.5 hrs)	\$35.00
ORIEN - Data Privacy/HIPAA (1 hr)	\$35.00
ORIEN - Documentation (0.5 hr)	\$35.00
ORIEN - Fraud Prevention (0.75 hrs)	\$35.00
ORIEN - Healthy Diets (1 hr)	\$35.00
ORIEN - Instrumental Activities of Daily Living (0.75 hrs)	\$35.00
ORIEN - Mandated Reporting: Maltreatment of Minors (1 hr)	\$35.00
ORIEN - Mandated Reporting: Vulnerable Adult Maltreatment (1.25 hrs)	\$35.00
ORIEN - Medication Administration (3.5 hrs)*	\$65.00
ORIEN - Minimizing Sexual Violence (0.5 hrs)	\$35.00
ORIEN - Positive Supports Rule 2 Hour Function-Specific (2 hr)	\$70.00
ORIEN - Positive Supports Rule 4 Hour Function-Specific (4 hrs)	\$90.00
ORIEN - Positive Supports Rule Core (7.5 hrs)**	\$110.00
ORIEN - Rights (1.5 hrs)	\$35.00
ORIEN - Universal Precautions/Bloodborne Pathogens (0.75 hrs)	\$35.00

Bold denotes topics required for all 245D direct care staff

* Medication Administration requires an additional, in-person observed skill assessment. A Medication Administration checklist is offered for the demonstration requirement, which can be completed with a RN or staff who has been deemed competent to document and complete the demonstrated observed skill assessment. Participants must complete the medication administration demonstration and person-specific training with their employer to meet the Medication Administration training requirements in 245D.

** PSR Core has a length 7.5 hours. Rule 9544 requires that staff obtain a total of 8 hours of training as part of their PSR Core orientation. The omitted 0.5 hour allows the provider time to train their staff in their company-specific EUMR policy and any other company-specific information related to provider responsibilities under the Positive Supports Rule. Please be sure to document on each person's training record the amount of time this additional, company-specific training takes to ensure staff have at least 8 hours of total training time for their PSR Core requirement. An in-person EUMR Holds Demo is required if provider allows restraints.

Annual Training

STAR Fundamentals 245D and Positive Supports Rule annual training courses were specifically developed to meet the requirements found in [MN Statutes, Chapter 245D.09](#), and [MN Rules, Chapter 9544.0090](#). For more information, please see STAR's guide to [245D and Positive Supports Rule Orientation and Annual Training Requirements](#).

AT - Refresher: Bloodborne Pathogens/Universal Precautions (0.5 hrs)	\$35.00
AT - Refresher: Data Privacy/HIPAA (0.5 hrs)	\$35.00
AT - Refresher: Mandated Reporting and Maltreatment (0.75 hrs)	\$35.00
AT - Refresher: PSR Core and Function-Specific for Managers (4.25 hrs)	\$70.00
AT - Refresher: PSR Core for Direct Care Staff (4 hrs)	\$70.00
AT- Refresher: Minimizing Sexual Violence (0.5 hrs)	\$35.00
AT - Refresher: Rights (0.5 hrs)	\$35.00

NOTE: There are two different **Positive Supports Rule Refreshers**. One is for direct care staff, which only covers the topic requirements in the 8 hour Core. The other is for people who are managers, which covers the topics contained in both the 8 hour Core and the 4 hour Function-Specific for managers requirement. Staff should be enrolled in **ONLY ONE** of the courses based on their job role. **It is your responsibility to ensure your staff are taking the correct course. Non-Inclusive subscription customers will be asked to indicate the job role at the time of registration.**

Mental Health

Training on mental health diagnoses and how to support people with these conditions

MH - Anxiety Disorders and Obsessive-Compulsive Related Disorders (0.75 hrs)	\$35.00
MH - Borderline Personality Disorder (0.5 hrs)	\$35.00
MH - Crisis Response, De-escalation, and Resolution (1 hr)	\$35.00
MH - Hoarding Disorders (0.5 hrs)	\$35.00
MH - Mood Disorders (0.75 hrs)	\$35.00
MH - Personality Disorders (0.75 hrs)	\$35.00
MH - Psychotic Disorders (0.5 hrs)	\$35.00
MH - Psychotropic Medication (0.5 hrs)	\$35.00
MH - Substance Use Disorders (1.5 hrs)	\$35.00
MH - Suicide Prevention and Response (1 hr)	\$35.00
MH - Trauma and Stressor-Related Disorders (0.75 hrs)	\$35.00

Employment Support Services

Training courses based on the DHS Employment Specialist training requirements

EM - Benefits Planning (0.75 hrs)	\$35.00
EM - Job Development and Negotiation (2.5 hrs)	\$70.00
EM - Job Search Planning (1.75 hrs)	\$60.00
EM - Post Employment Supports (1.5 hrs)	\$50.00

Integrated Community Supports

Courses to meet additional training requirements for Integrated Community Support (ICS) Providers
ONLY if the provider has a Site-Specific Review

ICS - Community Integration (0.5 hrs)	\$35.00
ICS - Supporting Skill Development (0.5 hrs)	\$35.00
ICS - The Four Community Living Service Categories (0.25 hrs)	\$35.00

Professional Development

Supplemental courses for direct support professionals and supervisors to enhance their understanding and job performance

PDEV - Autism Spectrum Disorder: An Overview (0.75 hrs)	\$35.00
PDEV - Autism Spectrum Disorder: Support Strategies (0.75 hrs)	\$35.00
PDEV - Communication Skills (0.5 hrs)	\$35.00
PDEV - Dementia: An Introduction (0.25 hrs)	\$30.00
PDEV - Dementia: Support Techniques and Stages (0.5 hrs)	\$35.00
PDEV - Diabetes: An Introduction for DSPs (1 hr)	\$35.00
PDEV - Epilepsy and Seizure Disorders (0.75 hrs)	\$35.00
PDEV - Fetal Alcohol Spectrum Disorders (1 hr)	\$35.00
PDEV - Fetal Alcohol Spectrum Disorders: Keys for Support (0.5 hrs)	\$35.00
PDEV - Five Misconceptions of Being Person-Centered (0.25 hrs)	\$25.00
PDEV - Low Vision (0.75 hrs)	\$35.00
PDEV - Professional Boundaries (1.75 hrs)	\$55.00
PDEV - Ten Things Not to Say...Physical Disability and/or Mobility Limitation (0.5 hrs)	\$30.00

Home and Community Based Services

Orientation-level courses designed to meet national HCBS standards, excluding Minnesota-specific requirements. Minnesota-based provider should select 245D/PSR Orientation and Annual Training courses

Foundations of Person-Centered Services (0.5 hrs)	\$35.00
Fraud Prevention (0.75 hrs)	\$35.00
HCBS Rights (1 hr)	\$35.00
HIPAA (0.75 hrs)	\$35.00
Maltreatment of Minors (0.75 hrs)	\$35.00
Universal Precautions (0.75 hrs)	\$35.00
Vulnerable Adult Maltreatment (1 hr)	\$35.00